

CAVES 1. SSSICK SUMAC SHORTBREAD

then you spoke to me all at once you  
hissed a sound so much like a hiss that

i could hear in it all words

ssss s s s s s s s s s s  
sss s

ssssome amaranth flour  
ssssome millet flour  
good amount wholemeal/multigrain flour

sssstax of beurre

that crumbly moist brown sssssugar that is hard to find in EU

sssssumac purple royal so beautiful

cinnamon

allspice

just play babesss  
just play around  
make a dough  
get your hands greassssy  
you want the texture to be like moisst and moveable  
but not sso ssticky u can't pat it into a ball  
pat it and if it cracks dry it needs more moisst  
beurre @ room temp  
pat it and if it ssssticks it needs more dry  
flour  
pat it and if it patsss nice like ssskin  
after itsss been dancccccing  
make the dough into cookies  
fat is better, fat and lil'  
—they will ssssink so keep 'em tight  
ssssprinkle some more ssspice on top  
4 me cinnamon sssugar a bit of sssalt  
just in the centre  
just a tassste of NaCl like  
the neck of your lover  
cook for like 30 minsss in a low oven (150° ish)  
will crissp up once cool  
sso take 'em out  
u want it crissp on the outssside  
and gentle af on the inssside  
obv